

POSTGRADUATE PROGRAMME IN CLINICAL PSYCHOLOGY

The Postgraduate Programme in Clinical Psychology was established in 1995-6 under the auspices of the Faculty of Philosophy, Education and Psychology of the National and Kapodistrian University of Athens. Since then the programme has been revised in 2004, 2007, 2010 and 2015. The programme is currently under the auspices of the Department of Psychology of the National and Kapodistrian University of Athens.

1. Aim of the Programme

The aim of the Postgraduate Programme in Clinical Psychology is to provide students with fundamental knowledge and skills in the field of Clinical Psychology. Based on the scientist-practitioner model, the course of study focuses on assessment, intervention, prevention and research with emphasis on linking theory and practice. Assessment, intervention, prevention and research focuses on all social and ethnic-cultural groups across the life span.

2. Postgraduate degree

The Postgraduate Programme in Clinical Psychology leads to:1) the Master's degree in Clinical Psychology and 2) the Ph.D. in Clinical Psychology.

The duration of the Programme for acquiring a Master's degree is three years (six teaching semesters). Three additional semesters are required for the Ph.D. degree.

3. Number of students

The maximum number of students enrolled in the Programme each year is limited to twenty five (25).

The Programme includes lectures, seminars, individual study, research, preparation of a thesis, as well as practicum of 2500 hours in Mental Health Centres, Psychiatric and General Hospitals. The practicum begins in the second of year of study, three days/weekly and continues in the third year, five days/weekly.

4. Candidate selection

The following qualifications are required for admission to the Programme:

- a) Level of achievement in written examinations in the following three areas: Research Methods-Statistics, Theories of Personality, Clinical Psychology Candidates who are successful in the written examinations are invited to an interview with the committee.
- b) An undergraduate degree in Psychology from a national university of Greece or a respective institution abroad, as assessed and officially recognized by the National

Academic Recognition Information Centre. Students in the last stage of their studies who are about to acquire their degree prior to the final selection of candidates for the Postgraduate Programme are also considered.

- c) Adequate knowledge of at least one European language, with official documentation.

For assessment of candidates, the following are also taken into consideration:

- a) Three reference letters from faculty members who had personal contact with the applicant
b) Research studies, oral presentations and publications of the candidate and/or any other scientific activity of the candidate.

Final selection of candidates is made by taking into consideration all of the above

5. Programme of study

The programme of studies requires:

- Successful completion of series of seminars described in more detail below.
- Preparation of a thesis based on quantitative or qualitative research. Following submission of a research proposal that must be approved by the Postgraduate Programme's Education Committee, the research is conducted under the supervision of a faculty member of the Psychology Department and is then presented to a three member committee designated by the Programme's Education Committee.
- Courses begin in the middle of October of each academic year and continue until the end of June.
- Courses are taught by academic faculty members of the Department of Psychology and by other colleagues designated by the Programme Committee.
- Courses are taught in the Greek language

6. Programme Requirements

Course attendance is mandatory for all seminars. Students are evaluated either by written and/or oral examinations or by written and/or oral presentations. If the student is unable to comply with examination requirements, s/he has the right to be re-examined in September.

- If the student, has failed more than two courses at the beginning of the 2nd year of studies, s/he may be asked to leave the programme depending on the decision of the Programme Committee.
- If the student, after seven (7) semesters from enrolment, has not been successfully completed all courses, s/he may be asked to leave the programme depending on the decision of the Programme Committee.. This minimum time may be extended with a

decision of the Programme Committee, following a justified application of the student. In the event that the student is asked to leave the programme, the student will receive only a certificate of attendance for the courses s/he has successfully completed

- The Degree Thesis is submitted after six (6) semesters from enrolment, at maximum. This minimum time may be extended by a decision of the Programme Committee, following a justified application of the student.
- Students who complete all examinations, clinical practicum and research obligations within the set time schedule, receive a “Diploma in Clinical Psychology”.

7. Programme of Study

Semester 1

Courses	TU	Credits
Current Diagnostic Systems of Psychopathology Diagnostic & Statistical Manual of Mental Disorders, 5 th Edition, DSM-5 & International Classification of Diseases, 10 th Edition, ICD-10	3	3
Psychopathology I: Psychodynamic Approach to Adult Psychopathology	3,5	6
Psychopathology II: Psychodynamic Approach to Child and Adolescent Psychotherapy	3,5	6
Assessment Methods I: Cognitive Assessment (WAIS, WISC, WPPSI, Stanford –Binet, Raven’s Progressive Matrices)	3,5	6
Ethics	3	4
Neuropsychology	3	3
Basic Principles of Psychopharmacology	3	2
Total	21,5	30

Semester 2

Courses	TU	Credits
Psychotherapy I: Psychodynamic Approach to Adult Psychotherapies	3,5	6
Psychotherapy II: Psychodynamic Approach to Child and Adolescent Psychotherapies	3,5	6

Assessment Methods II: Projective Methods - Clinical Interview	3	4
Group Psychology and Group Psychotherapy	3	4
Assesment Methods II-MMPI	3	3
Neuropsychological Assessment for Adults and Children	3	3
Current issues in Clinical Psychology	3	4
Total	22	30

Semester 3

Courses	TU	Credits
Psychopathology III: Cognitive-Behavioural Approach to Adult Psychopathology	3,5	6
Psychopathology IV: Cognitive-Behavioural Approach to Child and Adolescent Psychopathology	3,5	6
Qualitative Research Methods in Clinical Psychology	3	
Assessment Methods III: Personality- Psychopathology	3	4
Statistics and Quantitative research methods I	3	4
Clinical Practicum	24	6
Total	40	30

Semester 4

Courses	TU	Credits
Psychotherapy III: Cognitive Behavioural Approach to Adult Psychotherapy	3,5	6
Psychotherapy IV: Cognitive Behavioural Approach to Child and Adolescent Psychotherapy	3,5	6
Assessment Methods IV: Personality- Psychopathology (Rorschach, TAT, CAT, Drawing,	3	3

DUSS)		
Family and Couples Therapy	3	3
Statistics and Quantitative research methods II	3	3
Clinical Health Psychology-Psychosomatics	3	3
Clinical Practicum	21	6
Total	40	30

P			
O	Semester 5		
S	Courses	TU	Credits
T			
C	Community Mental Health Services Function and Interdisciplinary Interconnection	3	4
R			
A	Assessment Methods IV: Synthesis-Report	3	4
U	Clinical Practicum	35	12
A			
T	Thesis Research		10
E			
Total		41	30

P			
P			
R	Semester 6		
O	Courses		Credits
G			
R	Assessment Methods V: Clinical Practicum Synthesis-Report 3	3	4
A			
M	Community Clinical Psychology-Prevention 3	3	4
M	Clinical Practicum 35 hours/week	35	12
E	Thesis Research		10
Total		41	30
Total of ECTS for 6 semesters			180
M			

POSTGRADUATE PROGRAMME COMMITTEE

Director: Associate Professor Anna Christopoulou (on educational leave during the academic year 2018-19)

Director 2018-2019: Professor Frosso Motti-Stefanidi

Members: Associate Professor Vassiliki (Lissy) Canellopoulos

Professor Maria Loumakou

Associate Professor: Alexandra Ekonomou

Professor Aikaterini Gari

SECRETARIAT: Mr. Christos Balikos 🏠 544 ☎ 210-7277848 📠 210-7277534

✉ xbalikos@psych.uoa.gr